



PSHEE Curriculum Roadmap

YEAR 7

Health and Well-being	Living in the Wider World	Valuing Difference	Making Good Choices and Managing Risk	Positive Relationships
Transition to Secondary school Mental health Emotional Wellbeing Road safety Menstruation assembly	Employability Enterprise education Careers 4 sectors Progression and personal skills	Diverse community Equality Act Cyber bullying Social media Advertising	Puberty and emotions Personal hygiene Diet Exercise Healthy choices	Self esteem Relationships Family lives Consent and boundaries

YEAR 8

Health and Well-being	Valuing Difference	Living in the Wider World	Making Good Choices and Managing Risk	Positive Relationships
Online safety Emotional wellbeing Conflict Resolution CPR and First Aid	Disability and discrimination Rights and freedom of speech	Money matters Enterprise Today's working environment	Sleep FGM Addictive substances Drugs and alcohol	Healthy relationships Healthy relationships online Safe sex Family matters Teen parenting

YEAR 9

Health and Well-being	Valuing Difference	Living in the Wider World	Making Good Choices and Managing Risk	Positive Relationships
Managing stress Unhealthy coping strategies Peer pressure and risk Healthy coping strategies	Gender identity Sexuality Family matters Anti-bullying Use of language	Employability Aspirations Career plan GCSE options Personal finance	Addictive substances Gang exploitation Online risks	Before sex STI's and contraception Pornography Sexual harassment Domestic abuse

YEAR 10

Health and Well-being	Living in the Wider World	Valuing Difference	Making Good Choices and Managing Risk	Positive Relationships
Pregnancy Childbirth Help to conceive Checking for cancer Bereavement Cosmetic procedures and safety	Personal finances Gambling and exploitation CVs and applications Part time work and study Credit and debit	Sense of identity Diversity Community Radicalisation risks	Managing your personal brand online Addictive substances Knife crime awareness	Healthy relationships STIs and contraception Impact of pornography

YEAR 11

Health and Well-being	Living in the Wider World	Valuing Difference	Making Good Choices and Managing Risk	Positive Relationships
Stress management Organ donation Immunisation	Interview skills Misinformation Consumer rights Parliament UK legal systems	Equality Acts Human rights International law	Addictive substances CPR	Relationship expectations Domestic abuse Legal relationships

In addition the PSHE provision will be supplemented with collapsed curriculum sessions / days, visiting speakers, tutor time, assemblies and other personal development opportunities

Students who have been withdrawn from Sex Education have the right to opt back in 3 terms before they turn 16